INTERNATIONAL BALLET ACADEMY

ARTISTIC DIRECTOR | VERA ALTUNINA

Summer Intensive Dance 2025

Sample Schedule

Subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
Stretch/Floor Barr: 10:00 - 10:45	Stretch/Floor Barr: 10:00 - 10:45	Stretch/Floor Barr: 10:00 - 10:45	Stretch/Floor Barr: 10:00 - 10:45	Stretch/Floor Barr: 10:00 - 10:45
Ballet 11: 00 - 12:30	Ballet 11: 00 - 12:30	Ballet 11: 00 - 12:30	Ballet 11: 00 - 12:30	Ballet 11: 00 - 12:30
		Lunch 12:30 - 1:15		
Repertory 1:15 - 2:45	Pointe/Men's 1:15 - 2:45	Variatons 1:15 - 2:45	Pointe/Men"s 1:15 - 2:45	Ensemble Repertory 1:15 - 2:45
Theatre dance 3:00 - 4:00	Contemporary 3:00 - 4:00	Modern dance 3:00 - 4:00	Improvisation 3:00 - 4:00	Character dance 3:00 - 4:00

Revised 05.15.25